

This booklet is part of a range of publications produced at Stockbridge Village Primary School and offered to parents and carers as support materials. Please do not hesitate to talk to a member of staff if you would like further guidance or support.



**Booklets in this range:**

1. Tips on good listening.
2. How to give children more confidence.
3. Helping children to get on with each other.
4. Tips to remember when you need to make a stand.
5. Tips to try when you are asking your child to do something.
6. How to deal with difficult situations.
7. Tips on dealing with anger.
8. Tips on dealing with dishonesty.
9. Tips on dealing with tantrums.
10. How to help children make better choices



## Parent Survival Guides

No. 4

Tips to remember when  
you need to take a stand



1 Ask yourself if what you are about to say or do could make your child feel bad inside.



When we are angry we can say things that hurt. If we tell our children they are useless, stupid, lazy, a liar or a thief they may grow to believe it.

2 Try to avoid shouting and smacking.

Children tend to copy us and we could end up with loud aggressive children



3 Explain the reasons why you need to make a stand and try to start with the smallest punishments. You can always make them bigger

No friends around tomorrow  
No TV for 10 minutes.  
Clear up the mess in the bathroom

4 Try turning a moan into a helpful remark.

I am really surprised that a kind boy like you could do a thing like that



5 Trying writing a consequence on a piece of paper.

Give the child ideas on how to put things right.

*Because you came in late you will go to bed 15 minutes early. I will rip this up if you water the plants or wash the dishes.*

6 Praise the behaviour that you like. Surprisingly, it works better than scolding the behaviour you don't like.

